



## Ingredient Statement and Nutritional Information

### #5082 Chocolate Iced Sour Cream Donut

**INGREDIENTS: DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, WATER, SOYBEAN OIL, DEXTROSE, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), WHEAT STARCH, NONFAT MILK SOLIDS, SALT, DRY EGG YOLK, DRY WHEY, CORN SYRUP SOLIDS, SOY LECITHIN, MONO & DIGLYCERIDES WITH BHT [AS PRESERVATIVE], SOUR CREAM (CREAM, CULTURED NONFAT MILK, LACTIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVE), ARTIFICIAL FLAVORS, SODIUM DIACETATE AND SODIUM PROPIONATE [AS PRESERVATIVE], CITRIC ACID, GUAR GUM, CELLULOSE GUM, MALTODEXTRIN, FOOD STARCH-MODIFIED, CORN OIL, BETA CAROTENE, PROPYLENE GLYCOL, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROLS [AS PRESERVATIVE]. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED, AND/OR CANOLA), CORN SYRUP, COCOA (PROCESSED WITH ALKALI, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, CORN STARCH, SOYBEAN OIL, SALT, SOYA LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE LIQUOR, CALCIUM SULFATE, CALCIUM CARBONATE, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, MONO AND DIGLYCERIDES, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 2/3 donut (57g), Servings: About 1, Amount Per Serving: **Calories** 220, Fat Cal. 90, **Total Fat** 11g (16%DV), Sat. Fat 4.5g (23%DV), *Trans* Fat 0.5g, **Cholest.** 5mg (2%DV), **Sodium** 220mg (9%DV), **Total carb.** 30g (10%DV), Fiber 1g (3%DV), Sugars 18g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (6%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.