



## Ingredient Statement and Nutritional Information

### # 5652 Iced Pumpkin Donut

**INGREDIENTS: DONUT:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SUGAR, PUMPKIN, DRY EGG YOLK, CONTAINS 2% OR LESS OF: SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, DRY WHEY, WHEAT STARCH, NONFAT MILK SOLIDS, SPICES, SOY LECITHIN, NONFAT DRY MILK, DEXTROSE, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVORS, CORN STARCH, BETA CAROTENE (AS COLOR), CITRIC ACID, ALPHA TOCOPHEROLS (AS PRESERVATIVE), SILICON DIOXIDE, CORN OIL. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN SYRUP, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, SPICE, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM SULFATE, CALCIUM CARBONATE, MONO AND DIGLYCERIDES, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 2/3 donut (56g), Servings: About 1, Amount Per Serving: **Calories** 220, Fat Cal. 90, **Total Fat** 10g (15%DV), Sat. Fat 4.5g (22%DV), *Trans* Fat 0g, **Cholest.** 20mg (6%DV), **Sodium** 260mg (11%DV), **Total carb.** 30g (10%DV), Fiber 1g (3%DV), Sugars 17g, **Protein** 2g, Vitamin A (10%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (8%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.