



## Ingredient Statement and Nutritional Information

### #105551 Sweetheart Cake Donut

**INGREDIENTS: DONUT:** ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL, COCOA PROCESSED WITH ALKALI, SOYBEAN OIL, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), SOY FLOUR, DRY EGG YOLK, SALT, NONFAT MILK SOLIDS, SOY LECITHIN, CORN SYRUP SOLIDS, PROPYLENE GLYCOL MONO & DIESTERS WITH BHT AND CITRIC ACID [AS PRESERVATIVES], CELLULOSE GUM, DRY WHEY, ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES, SODIUM CASIENATE, CORN STARCH, WHEAT STARCH, PROPYLENE GLYCOL. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED, AND/OR CANOLA), CORN SYRUP, COCOA (PROCESSED WITH ALKALI, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, CORN STARCH, SOYBEAN OIL, SALT, SOYA LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE LIQUOR, CALCIUM SULFATE, CALCIUM CARBONATE, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, MONO AND DIGLYCERIDES, POLYSORBATE 60. **TOPPING:** SUGAR, RICE FLOUR, PARTIALLY HYDROGENATED SOYBEAN OIL (COTTONSEED AND/OR SOYBEAN OIL), CORN STARCH, GUM ARABIC, CELLULOSE GUM, CONFECTIONER'S GLAZE, CARRAGEENAN, SOY LECITHIN, TITANIUM DIOXIDE, RED 40, YELLOW 6, RED 3, ARTIFICIAL FLAVOR. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 2/3 donut (60g), Servings: About 1, Amount Per Serving: **Calories** 230, Fat Cal. 100, **Total Fat** 11g (17%DV), Sat. Fat 4.5g (24%DV), *Trans* Fat 0.5g, **Cholest.** 10mg (3%DV), **Sodium** 300mg (12%DV), **Total carb.** 32g (11%DV), Fiber 1g (5%DV), Sugars 17g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (10%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.