



Ingredient Statement and Nutritional Information

#22016 Apple Pie (6 inch)

INGREDIENTS: PIE CRUST: BLEACHED WHEAT FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (CREAM, WATER, NATURAL FLAVORING), WATER, SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL), SUGAR, SALT. **FILLING:** APPLES (APPLES, WATER, ASCORBIC ACID, SALT, CITRIC ACID), GRANULATED SUGAR/REFINED CANE MOLASSES SYRUP, MODIFIED WHEAT STARCH, CINNAMON, SALT, POTASSIUM SORBATE AND CALCIUM PROPIONATE (PRESERVATIVES).. **TOPPING:** GRANULATED SUGAR/REFINED CANE MOLASSES SYRUP, BLEACHED WHEAT FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (CREAM, WATER, NATURAL FLAVORS), SALT.

CONTAINS: WHEAT, MILK, EGG, SOY.

Nutrition Facts

Serv. Size: 1/4 pie (118g), Servings: about 4, Amount Per Serving: **Calories** 300, Fat Cal. 100, **Total Fat** 11g (17%DV), Sat. Fat 5g (27%DV), *Trans* Fat 1g, **Cholest.** 20mg (6%DV), **Sodium** 210mg (9%DV), **Total carb.** 48g (16%DV), Fiber 3g (10%DV), Sugars 28g, **Protein** 3g, Vitamin A(0%DV), Vitamin C (230%DV), Calcium (2%DV), Iron (8%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Nutrition Facts

Serving Size 1/4 pie (118g)
Servings Per Container about 4

Amount Per Serving

Calories 300 Calories from Fat 100

% Daily Value*

Total Fat 11g 17%

Saturated Fat 5g 27%

Trans Fat 1g

Cholesterol 20mg 6%

Sodium 210mg 9%

Total Carbohydrate 48g 16%

Dietary Fiber 3g 10%

Sugars 28g

Protein 3g

Vitamin A 0% • Vitamin C 230%

Calcium 2% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4