



Ingredient Statement and Nutritional Information

#6270 Blueberry Paczki

INGREDIENTS: **YEAST DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, WATER, EGG, SUGAR, PARTIALLY HYDROGENATED SOYBEAN OIL AND COTTONSEED OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID [AS PRESERVATIVES], SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, WHEAT STARCH, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES. **FILLING:** WATER, HIGH FRUCTOSE CORN SYRUP, BLUEBERRIES, MODIFIED FOOD STARCH, SUGAR, EVAPORATED APPLES (PRESERVED WITH SULFUR DIOXIDE), SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CITRIC ACID, SALT, CORN SYRUP SOLIDS, PROPYLENE GLYCOL, NATURAL AND ARTIFICIAL FLAVOR, LEMON JUICE, FD&C RED #40, FD&C BLUE #1, LEMON OIL, SODIUM CITRATE, SODIUM SULFATE. **TOPPING:** SUGAR. **CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.**

Nutrition Facts Serv. Size: 1/3 paczki (47g), Servings: 3,
Amount Per Serving: **Calories** 150, Fat Cal. 70, **Total Fat** 8g (12%DV), Sat. Fat 3.5g (17%DV), *Trans* Fat 0g, **Cholest.** 5mg (2%DV), **Sodium** 130mg (5%DV), **Total carb.** 22g (7%DV), Fiber 0g (0%DV), Sugars 10g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.