



Ingredient Statement and Nutritional Information

#5801 Caramel Iced Custard Filled Long John

INGREDIENTS: **DONUT:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **CUSTARD FILLING:** WATER, SUGAR, FOOD STARCH-MODIFIED, DEXTROSE, SALT, TITANIUM DIOXIDE, CONTAINS 2% OR LESS OF: CARRAGEENAN, GLUCONO DELTA LACTONE, SODIUM BENZOATE (A PRESERVATIVE), POTASSIUM SORBATE, ARTIFICIAL FLAVOR, YELLOW #5, YELLOW #6. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN OIL AND COTTONSEED OIL), CORN SYRUP, SALT, NATURAL AND ARTIFICIAL FLAVOR, CALCIUM SULFATE, CALCIUM CARBONATE, LOCUST BEAN GUM, WHEAT STARCH, TITANIUM DIOXIDE [AS COLOR], CARAMEL COLOR. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

Nutrition Facts

Serv. Size: 1/3 donut (54g), Servings: 3,
Amount Per Serving: **Calories** 150, Fat Cal. 60, **Total Fat** 6g (10%DV), Sat. Fat 2.5g (14%DV), *Trans Fat* 0g, **Cholest.** 0mg (0%DV), **Sodium** 135mg (6%DV), **Total carb.** 22g (7%DV), Fiber 0g (0%DV), Sugars 11g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.