



Ingredient Statement and Nutritional Information

#101998 Chocolate Iced Black Raspberry Bismark

INGREDIENTS: **YEAST DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, DEXTROSE, PARTIALLY HYDROGENATED SOYBEAN OIL, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE (AS COLOR), ENZYMES, ALPHA TOCOPHEROLS (AS PRESERVATIVE), EGGS. **FILLING:** WATER, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, SUGAR, CITRIC ACID, POTASSIUM SORBATE AND SODIUM BENZOATE (AS PRESERVATIVES), SODIUM CITRATE, CARAMEL COLOR, AGAR, PROPYLENE GLYCOL, FD&C RED #40, FD&C BLUE #1, NATURAL AND ARTIFICIAL FLAVOR, SALT, SODIUM SULFATE. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED, AND/OR CANOLA), CORN SYRUP, COCOA (PROCESSED WITH ALKALI, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, CORN STARCH, SOYBEAN OIL, SALT, SOYA LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE LIQUOR, CALCIUM SULFATE, CALCIUM CARBONATE, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, MONO AND DIGLYCERIDES, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

Nutrition Facts

Serv. Size: 2/3 donut (61g), Servings: About 1, Amount Per Serving: **Calories** 190, Fat Cal. 70, **Total Fat** 8g (12%DV), Sat. Fat 1.5g (8%DV), *Trans* Fat 2.5g, **Cholest.** 0mg (0%DV), **Sodium** 170mg (7%DV), **Total carb.** 29g (10%DV), Fiber 0g (0%DV), Sugars 15g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.