



## Ingredient Statement and Nutritional Information

### #5843 Chocolate Iced Custard Filled Long John

**INGREDIENTS:** **DONUT:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **CUSTARD FILLING:** WATER, SUGAR, FOOD STARCH-MODIFIED, DEXTROSE, SALT, TITANIUM DIOXIDE, CONTAINS 2% OR LESS OF: CARRAGEENAN, GLUCONO DELTA LACTONE, SODIUM BENZOATE (A PRESERVATIVE), POTASSIUM SORBATE, ARTIFICIAL FLAVOR, YELLOW #5, YELLOW #6. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED, AND/OR CANOLA), CORN SYRUP, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, CORN STARCH, SOYBEAN OIL, SALT, SOYA LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE LIQUOR, CALCIUM SULFATE, CALCIUM CARBONATE, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, MONO AND DIGLYCERIDES, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 1/3 donut (54g), Servings: 3,  
Amount Per Serving: **Calories** 150, Fat Cal. 60, **Total Fat** 7g (10%DV), Sat. Fat 3g (14%DV), *Trans* Fat 0g, **Cholest.** 0mg (0%DV), **Sodium** 140mg (6%DV), **Total carb.** 22g (7%DV), Fiber 0g (0%DV), Sugars 11g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.