



Ingredient Statement and Nutritional Information

#141 Sausage and Egg Muffin

INGREDIENTS: ENGLISH MUFFIN (ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, YEAST), SAUSAGE (PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, FLAVORING, LIME JUICE CONCENTRATE), EGG PATTY (WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRY MILK, CITRIC ACID), AMERICAN CHEESE (AMERICAN CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO VEGETABLE COLOR, IF COLORED], WATER, CREAM, SODIUM CITRATE, COLOR ADDED, SALT, SORBIC ACID [PRESERVATIVE], SOY LECITHIN [NON STICKING AGENT]), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, DATEM, CITRIC ACID, FUMARIC ACID, ASCORBIC ACID, AZODICARBONAMIDE (DOUGH CONDITIONER), WHITE CORN MASA FLOUR, LIME, VINEGAR, CALCIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES).

CONTAINS: WHEAT, MILK, EGG AND SOY INGREDIENTS

Nutrition Facts

Serv. Size: 1 sandwich (149g), Servings: 1, Amount Per Serving: **Calories** 400, Fat Cal. 230, **Total Fat** 26g (40%DV), Sat. Fat 10g (50%DV), *Trans* Fat 0g, **Cholest.** 140mg (46%DV), **Sodium** 780mg (33%DV), **Total carb.** 23g (8%DV), Fiber 1g (4%DV), Sugars 1g, **Protein** 16g, Vitamin A (0%DV), Vitamin C (2%DV), Calcium (15%DV), Iron (10%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.