



Quality Dairy Company
CARAMEL CASHEW ICE CREAM

Nutrition Facts		Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1/2 cup (89g) Serving Per Container 16			
Amount Per Serving			
Calories 250 Calories from Fat 120		Calories	2,000 2,500
		Total Fat	Less Than 65g 80g
		Sat Fat	Less Than 20g 25g
		Cholesterol	Less Than 300mg 300mg
		Sodium	Less Than 2400mg 2400mg
		Total Carbohydrate	300g 375g
		Dietary Fiber	25g 30g
% Daily Value		Calories per gram:	
Total Fat 13g	20%	Fat 9	Carbohydrate 4 Protein 4
Saturated Fat 7g	37%		
Trans Fat 0g			
Cholesterol 40mg	14%	Ingredients: MILKFAT & NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, CARAMEL VARIEGATING SAUCE (CONTAINS: SWEETENED CONDENSED SKIM MILK(CONDENSED SKIM MILK, SUGAR) WATER, CREAM, BUTTER, SALT, SODIUM ALGINATE, MONO & DIGLYCIRIDES, POTTASIUM SORBATE (AS A PRESERVATIVE), XANTHAN GUM), HONEY COATED CASHEWS, STABILIZER(MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN, CARRAGEENAN, STANDARDIZED WITH DEXTROSE), ALCOHOL, VANILLA BEAN EXTRACTIVES, ANNATTO EXTRACT (COLOR).	
Sodium 120mg	5%	CONTAINS MILK AND CASHEWS	
Total Carbohydrate 29g	10%		
Dietary Fiber 0g	0%		
Sugars 20g			
Protein 3g			
Vitamin A 8%	Vitamin C 0%		
Calcium 10%	Iron 2%		