



Ingredient Statement and Nutritional Information

#21012 2.5 oz. Peppermint Chocolate Cookie, Bulk

INGREDIENTS: ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, POTASSIUM BROMATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, GRANULATED SUGAR, BROWN SUGAR (GRANULATED SUGAR, REFINED CANE MOLASSES SYRUP), BITTERSWEET CHOCOLATE CHUNKS (CHOCOLATE LIQUOR PROCESSED WITH ALKALI, SUGAR, MILKFAT, COCOA BUTTER, SOY LECITHIN, VANILLIN), CRUSHED PEPPERMINT CANDY (SUGAR, CORN SYRUP, PURE PEPPERMINT OIL, FD&C RED #40), WATER, CONTAINS LESS THAN 2% OF CARAMEL COLOR, WHOLE EGG, COCOA (PROCESSED WITH ALKALI), NATURAL & ARTIFICIAL FLAVORS, LEAVENING (BAKING SODA), BAKING POWDER (SODIUM ACID PYROPHOSPHATE BICARBONATE SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), SALT, SOYBEAN OIL, CARBOXYMETHYLCELLULOSE, SOY LECITHIN, ANNATTO, SPICES, MONO- AND DIGLYCERIDES, CALCIUM SODIUM EDTA (PRESERVATIVE), VITAMIN A PALMITATE, DEXTROSE, CORN STARCH, TURMERIC, ETHYL ALCOHOL, APO CAROTENAL, TOCOPHEROLS.

CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.

Nutrition Facts

Serv. Size: 1/2 cookie (35g), Servings: 2,
Amount Per Serving: **Calories** 150, Fat Cal. 60, **Total Fat** 7g (10%DV), Sat. Fat 2g (9%DV), *Trans* Fat 1.5g, **Cholest.** 5mg (1%DV), **Sodium** 130mg (5%DV), **Total carb.** 22g (7%DV), Fiber 1g (2%DV), Sugars 11g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Nutrition Facts

Serving Size 1/2 cookie (35g)

Servings Per Container 2

Amount Per Serving

Calories 150 **Calories from Fat** 60

% Daily Value*

Total Fat 7g **10%**

Saturated Fat 2g **9%**

Trans Fat 1.5g

Cholesterol 5mg **1%**

Sodium 130mg **5%**

Total Carbohydrate 22g **7%**

Dietary Fiber 1g **2%**

 Sugars 11g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4