



## Ingredient Statement and Nutritional Information

### #5538 Egg Nog Donut

**INGREDIENTS: DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL, SOYBEAN OIL, EGG YOLK, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, DRY WHEY, NONFAT MILK SOLIDS, WHEAT STARCH, SOY LECITHIN [AN EMULSIFIER], NONFAT DRY MILK, SPICE, CELLULOSE GUM, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, CORN STARCH, BETA CAROTENE [AS COLOR], CITRIC ACID, ALPHA TOCOPHEROLS [AS PRESERVATIVE], SILICON DIOXIDE, CORN OIL. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, CONTAINS 2% OR LESS OF: SOYBEAN OIL, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN STARCH, AGAR, CALCIUM CARBONATE, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, LOCUST BEAN GUM, CITRIC ACID, SALT, SOY LECITHIN. **TOPPING:** SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SOY LECITHIN, DEXTRIN, CONFECTIONER'S GLAZE, FD&C YELLOW #5 LAKE, NATURAL AND ARTIFICIAL FLAVOR, CARNUABA WAX. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

<p><b>Nutrition Facts</b> Serv. Size: 2/3 donut (58g), Servings: About 1, Amount Per Serving: <b>Calories</b> 220, Fat Cal. 90, <b>Total Fat</b> 10g (15%DV), Sat. Fat 4.5g (23%DV), <i>Trans</i> Fat 0g, <b>Cholest.</b> 20mg (7%DV), <b>Sodium</b> 280mg (12%DV), <b>Total carb.</b> 31g (10%DV), Fiber 1g (2%DV), Sugars 16g, <b>Protein</b> 3g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (4%DV), Iron (8%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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