



Ingredient Statement and Nutritional Information

#5520 Glazed Cider Cake Donut

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SUGAR, SOYBEAN OIL, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, DRY EGG YOLK, SALT, NONFAT MILK SOLIDS, DRY WHEY, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, PROPYLENE GLYCOL MONO & DIESTERS WITH BHT & CITRIC ACID [AS PRESERVATIVE], CARAMEL COLOR, PROPYLENE GLYCOL, MONO & DIGLYCERIDES, ACETIC ACID, WHEAT STARCH, CORN OIL, BETA CAROTENE, SILICON DIOXIDE, ALPHA TOCOPHEROLS [AS PRESERVATIVE], CITRIC ACID. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, CONTAINS 2% OR LESS OF: SOYBEAN OIL, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN STARCH, AGAR, CALCIUM CARBONATE, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, LOCUST BEAN GUM, CITRIC ACID, SALT, SOY LECITHIN. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

<p>Nutrition Facts Serv. Size: 2/3 donut (56g), Servings: About 1, Amount Per Serving: Calories 210, Fat Cal. 80, Total Fat 9g (14%DV), Sat. Fat 4.5g (22%DV), <i>Trans</i> Fat 0g, Cholest. 10mg (3%DV), Sodium 260mg (11%DV), Total carb. 30g (10%DV), Fiber 1g (3%DV), Sugars 16g, Protein 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (4%DV), Iron (6%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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