



Ingredient Statement and Nutritional Information

#5066 Glazed Sour Cream Donut

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, WATER, SOYBEAN OIL, DEXTROSE, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), WHEAT STARCH, NONFAT MILK SOLIDS, SALT, DRY EGG YOLK, DRY WHEY, CORN SYRUP SOLIDS, SOY LECITHIN, MONO & DIGLYCERIDES WITH BHT [AS PRESERVATIVE], SOUR CREAM (CREAM, CULTURED NONFAT MILK, LACTIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVE), ARTIFICIAL FLAVORS, SODIUM DIACETATE AND SODIUM PROPIONATE [AS PRESERVATIVE], CITRIC ACID, GUAR GUM, CELLULOSE GUM, MALTODEXTRIN, FOOD STARCH-MODIFIED, CORN OIL, BETA CAROTENE, PROPYLENE GLYCOL, CORN STARCH, SILICON DIOXIDE, ALPHA TOCOPHEROLS [AS PRESERVATIVE].
GLAZE: SUGAR, WATER, MALTODEXTRIN, CONTAINS 2% OR LESS OF: SOYBEAN OIL, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN STARCH, AGAR, CALCIUM CARBONATE, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, LOCUST BEAN GUM, CITRIC ACID, SALT, SOY LECITHIN. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

<p>Nutrition Facts Serv. Size: 2/3 donut (57g), Servings: About 1, Amount Per Serving: Calories 230, Fat Cal. 80, Total Fat 10g (15%DV), Sat. Fat 4.5g (22%DV), <i>Trans</i> Fat 0g, Cholest. 5mg (2%DV), Sodium 210mg (9%DV), Total carb. 33g (11%DV), Fiber 1g (2%DV), Sugars 21g, Protein 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (4%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
