



Ingredient Statement and Nutritional Information

#22002 Berry Blast Muffin

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGG, VEGETABLE OIL (MADE FROM SOYBEAN OIL), RASPBERRIES, BLUEBERRIES, WATER, MODIFIED FOOD STARCH, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: CORN SYRUP, STRAWBERRIES, DRY WHEY, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SALT, PROPYLENE GLYCOL, VITAL WHEAT GLUTEN, DEXTROSE, N&A FLAVOR, CORN STARCH, MONO & DIESTERS OF FATTY ACIDS, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, TRICALCIUM PHOSPHATE, CITRIC ACID, ASCORBIC ACID, ALPHA TOCOPHEROLS, SOY FLOUR, GUAR GUM, PECTIN, SODIUM BENZOATE (PRESERVATIVE), PROPYLENE GLYCOL, RED 40, LACTIC ACID, TURMERIC, ALCOHOL, APO CAROTENAL, TOCOPHEROLS.

CONTAINS: WHEAT, MILK, EGG, SOY

<p>Nutrition Facts Serv. Size: 1/2 muffin (58g), Servings: 2, Amount Per Serving: Calories 200, Fat Cal. 70, Total Fat 8g (13%DV), Sat. Fat 1.5g (8%DV), <i>Trans</i> Fat 0g, Cholest. 25mg (9%DV), Sodium 190mg (8%DV), Total carb. 30g (10%DV), Fiber 1g (4%DV), Sugars 18g, Protein 2g, Vitamin A (0%DV), Vitamin C (4%DV), Calcium (2%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
