



## Ingredient Statement and Nutritional Information

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### #70649 Jumbo Blueberry Muffin

**INGREDIENTS:** VANILLA CAKE BASE (SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), FOOD STARCH-MODIFIED, SOYBEAN OIL, DRY WHEY, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), SALT, VITAL WHEAT GLUTEN, PROPYLENE GLYCOL MONONSTEARATE, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, DEXTROSE, CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, WHEAT STARCH, ALPHA TOCOPHEROL [AS PRESERVATIVE]), WHOLE EGG, SOYBEAN OIL, WATER, BLUEBERRIES, NATURAL AND ARTIFICIAL FLAVOR. **CONTAINS WHEAT, MILK, SOY, AND EGG INGREDIENTS.**

<p><b>Nutrition Facts</b> Serv. Size: 1/4 muffin (60 g/2.1 oz), Servings: 4, Amount Per Serving: <b>Calories</b> 220, Fat Cal. 100, <b>Total Fat</b> 12g (18%DV), Sat. Fat 2.5g (11%DV), <i>Trans</i> Fat 0g, <b>Cholest.</b> 45mg (16%DV), <b>Sodium</b> 200mg (8%DV), <b>Total carb.</b> 27g (9%DV), Fiber 0g (0%DV), Sugars 15g, <b>Protein</b> 3g, Vitamin A (2%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (6%DV). Percent DailyValues (DV) are based on a 2,000 calorie diet.</p>
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