



## Ingredient Statement and Nutritional Information

### #6676 Apple Fritter

**INGREDIENTS: FRITTER:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, APPLES (APPLES, WATER ASCORBIC ACID, CITRIC ACID, SALT), DEXTROSE, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, SPICE, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID [AS PRESERVATIVE], SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, WHEAT STARCH, NONFAT DRY MILK, CORN OIL, BETA CAROTENE, ENZYMES, WHOLE EGG. **GLAZE:** SUGAR, WATER, CORN STARCH, CORN SYRUP, CALCIUM CARBONATE, AGAR, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO AND DIGLYCERIDES. **CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.**

**Nutrition Facts** Serv. Size: 1/2 fritter (57g), Servings: 2,  
Amount Per Serving: **Calories** 170, Fat Cal. 35, **Total Fat** 3.5g (6%DV), Sat. Fat  
1.5g (7%DV), *Trans* Fat 0g, **Cholest.** 0mg (0%DV), **Sodium** 190mg (8%DV),  
**Total carb.** 33g (11%DV), Fiber 1g (2%DV), Sugars 14g, **Protein** 3g, Vitamin A  
(0%DV), Vitamin C (0%DV), Calcium (4%DV), Iron (6%DV). Percent Daily Values  
(DV) are based on a 2,000 calorie diet.