



Ingredient Statement and Nutritional Information

#5835 Chocolate Iced Crème Filled Long John with Nuts

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **FILLING:** SUGAR, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), WATER, CONTAINS 2 % OR LESS OF: CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO AND DIGLYCERIDES, POLYSORBATE 60. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED, AND/OR CANOLA), CORN SYRUP, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, CORN STARCH, SOYBEAN OIL, SALT, SOYA LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CHOCOLATE LIQUOR, CALCIUM SULFATE, CALCIUM CARBONATE, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, MONO AND DIGLYCERIDES, POLYSORBATE 60. **TOPPING:** PEANUTS. CONTAINS WHEAT, MILK, EGG, PEANUT AND SOY INGREDIENTS.

<p>Nutrition Facts Serv. Size: 1/3 donut (51g), Servings: 3, Amount Per Serving: Calories 210, Fat Cal. 90, Total Fat 10g (16%DV), Sat. Fat 3.5g (18%DV), <i>Trans</i> Fat 1.5g, Cholest. 0mg (0%DV), Sodium 135mg (6%DV), Total carb. 27g (9%DV), Fiber 0g (0%DV), Sugars 16g, Protein 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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