



## Ingredient Statement and Nutritional Information

### #5736 White Iced Jelly Bismark

**INGREDIENTS:** **YEAST DONUT:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID [AS PRESERVATIVES], SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, NONFAT DRY MILK, WHEAT STARCH, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, CITRIC ACID, SILICON DIOXIDE, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **FILLING:** WATER, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED, SUGAR, CITRIC ACID, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE [AS PRESERVATIVES], AGAR, PROPYLENE GLYCOL, RED 40, BLUE 1, NATURAL AND ARTIFICIAL FLAVOR. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN SYRUP, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM SULFATE, CALCIUM CARBONATE, MONO AND DIGLYCERIDES, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 1/3 donut (45g), Servings: About 3, Amount Per Serving: **Calories** 140, Fat Cal. 50, **Total Fat** 6g (9%DV), Sat. Fat 2.5g (12%DV), *Trans* Fat 0g, **Cholest.** 0mg (0%DV), **Sodium** 135mg (6%DV), **Total carb.** 21g (7%DV), Fiber 0g (0%DV), Sugars 9g, **Protein** 2g, Vitamin A(0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.