



## Ingredient Statement and Nutritional Information

### #106427 Holly Donut

**INGREDIENTS: DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL, SOYBEAN OIL, EGG YOLK, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, DRY WHEY, NONFAT MILK SOLIDS, WHEAT STARCH, SOY LECITHIN [AN EMULSIFIER], NONFAT DRY MILK, SPICE, CELLULOSE GUM, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, CORN STARCH, BETA CAROTENE [AS COLOR], CITRIC ACID, ALPHA TOCOPHEROLS [AS PRESERVATIVE], SILICON DIOXIDE, CORN OIL. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN SYRUP, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM SULFATE, CALCIUM CARBONATE, MONO AND DIGLYCERIDES, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, POLYSORBATE 60. **TOPPING:** SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (COTTONSEED AND/OR SOYBEAN), DEXTROSE, CORN SYRUP, SOY LECITHIN, YELLOW #5 LAKE, DEXTRIN, BLUE #1 LAKE, CONFECTIONER'S GLAZE, RED #40 LAKE, CARNAUBA WAX, NATURAL AND ARTIFICIAL FLAVOR, RED #40. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

## **Nutrition Facts**

Serv. Size: 2/3 donut (60g), Servings: About 1, Amount Per Serving: **Calories** 230, Fat Cal. 90, **Total Fat** 11g (16%DV), Sat. Fat 4.5g (24%DV), *Trans* Fat 0.5g, **Cholest.** 20mg (6%DV), **Sodium** 270mg (11%DV), **Total carb.** 33g (11%DV), Fiber 1g (2%DV), Sugars 18g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (8%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.